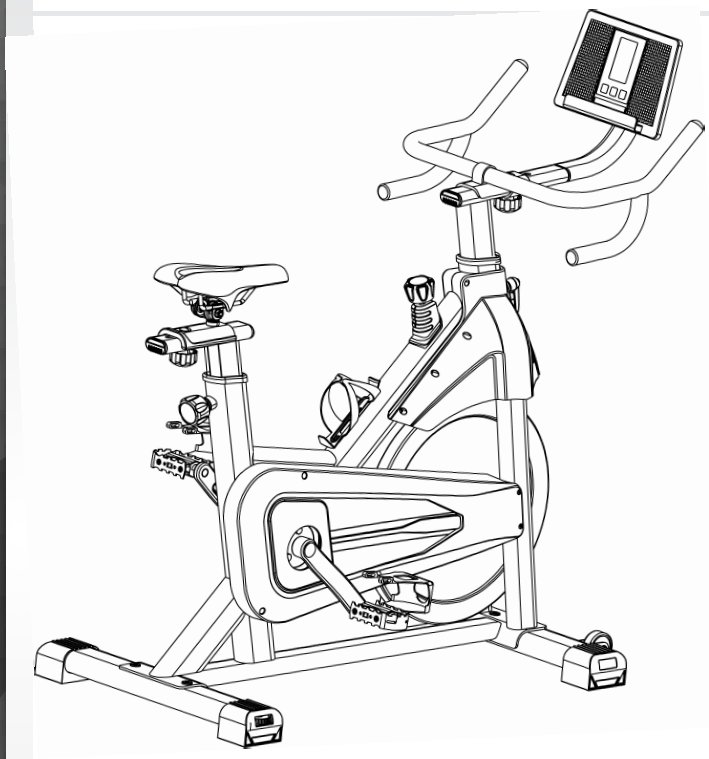
TOORX

FITNESS IN MOTION

INSTRUCTION



SRX65 MAG

Rev : 00

Ed : 03/24

Safety Precautions – Please Read the Instruction before Using!

1. Assemble this product properly, using original parts supplied, according to the installation instructions. Before assembly, inspect whether packages are in good condition and whether spare parts are complete in accordance with transport precautions with reference to the supplied list of spare parts.

2. Prior to exercise, make sure that the equipment fasteners (e.g. screws, bolts, pins) are in locked.

3. Please place the exercise bike on a dry and flat ground.

4. To prevent the bottom of the equipment from damage such as abrasion and stain, put a protective object such as a rubber cushion or a thin wood plate under the bottom of the equipment.

5. When starting your exercise, be sure that there is no object within 2m from the exercise bike.

6. Please use the attached or other appropriate tools to assemble or repair the exercise bike. After exercising, please wipe your sweat off the equipment to prevent it from getting rusty.

7. Improper use and excessive exercise might endanger your health. Please carry out your exercise plan under the direction of a qualified health professional. He can provide you with excellent suggestions on your exercise gestures, exercise goals and your food intake. Never attempt an exercise after a meal. This exercise bike is only for recreation purposes, it is not built for rehabilitation use or any other medical purpose.

8. Please use the exercise bike when the equipment is in good operating condition. Make necessary maintenance using original spare parts only.

9. When regulating the equipment, take note to ensure that the adjusted position is safe. The best position and largest adjustable position for your convenience or ease of use is a must.

10. This exercise bike is only for use by one person at one time.

11. During exercise, please wear sports clothing and shoes. The clothes shall not be too long and too wide so as to prevent them from being hooked or hung during exercise. The shoes must be suited for the feet and the soles shall be anti-slip.

12. When feeling uncomfortable during the exercise process, please stop exercise immediately. If necessary, please consult a doctor.

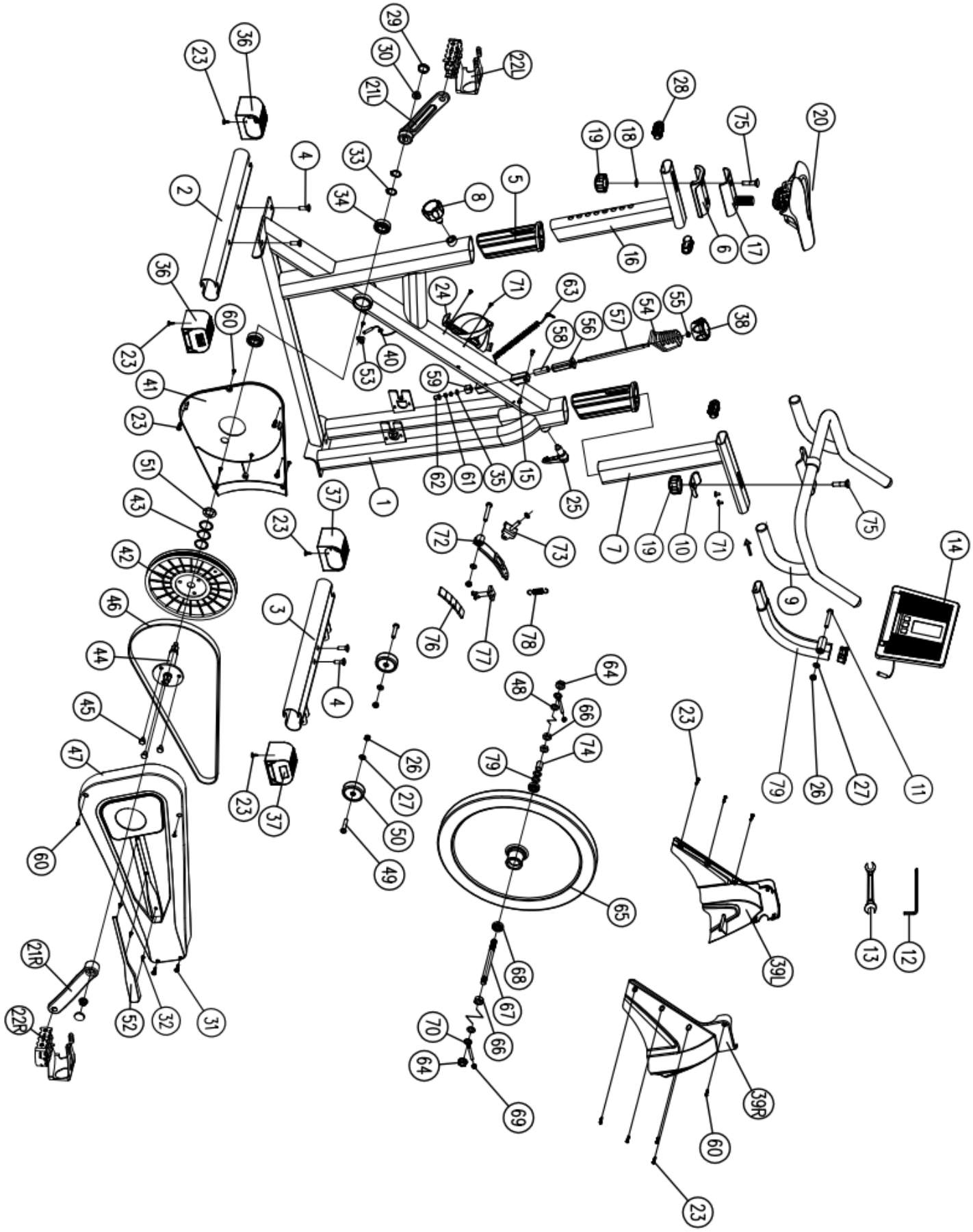
13. This exercise equipment is not toy. Please refrain children from playing with it, as injuries might occur. Thus, it shall be used for exercise purposes only.

14. Children and disabled persons can only use the equipment under the direct supervision of adults or healthy individuals. Appropriate measures must be taken to ensure that a child will be unable to use the equipment without the supervision of an adult..

15. Make sure that no man will contact with the equipment during your exercise.

16.To protect the environment, never discard packages or batteries, and please put them into a designated dustbin or other waste collection point.

EXPLOSIVE

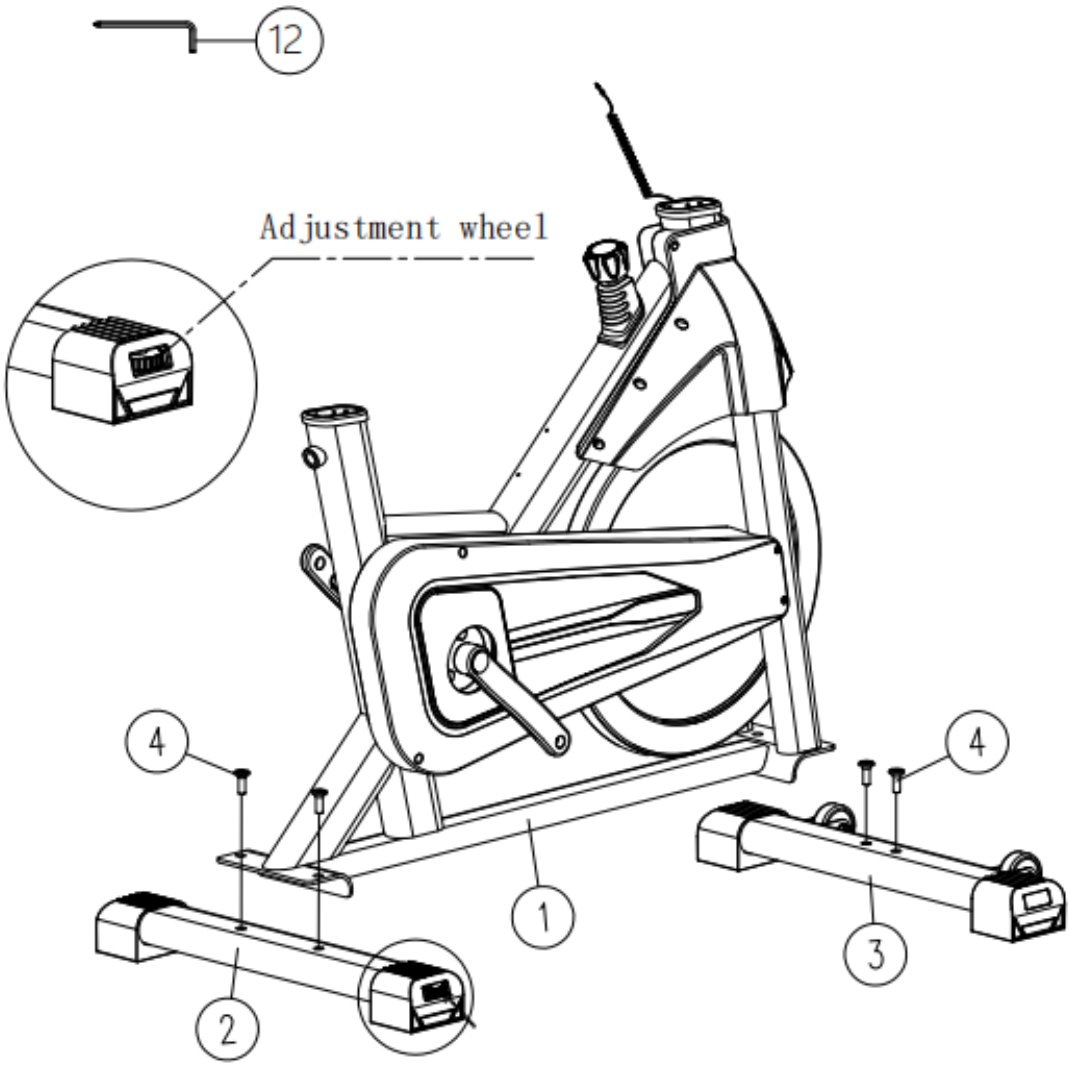

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21R
22R
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39R
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23

PARTS LIST

PART NO.	DESCRIPTION	QTY
1	Frame	1PC
2	Rear tube	1PC
3	Front tube	1PC
4	Step screw	4PCS
5	Tupe clamp	2PCS
6	Slider bushing	1PC
7	Handlebar post	1PC
8	Knob	1PC
9	Handlebar	1PC
10	Washer	1PC
11	Hex screw	1PC
12	Hex wrench S6	1PC
13	Open wrench 13-15	1PC
14	Console	1PC
15	Cross screw	2PCS
16	Seat post	1PC
17	Slider	1PC
18	Flat washer	1PC
19	Small knob	2PCS
20	Seat	1PC
21	Crank(L+R)	1SET
22	Pedal(L+R)	1SET
23	Self Drilling Screws	14PCS
24	Bottle cage	1PC
25	L knob	1PC
26	Lock nut	3PCS
27	Flat washer	7PCS
28	Slider cap	2PCS
29	Crank cap	2PCS
30	Flange nut	2PCS
31	Self-drilling screw	2PCS
32	Self-tapping screw	3PCS
33	Snap ring	2PCS
34	Bearing 6004	2PCS
35	Flat washer	1PC
36	Rear tube cap	2PCS
37	Front tube cap	2PCS
38	Brake knob	1PC
39	Front trim cover(L+R)	1SET
40	Cable plug	1PC
41	Chain cover (Inner)	1PC

42	Belt pulley	1PC
43	Flat washer	4PCS
44	Axle	1PC
45	Hex screw	3PCS
46	Belt	1PC
47	Chain cover (Outer)	1PC
48	Flat washer	2PCS
49	Hex screw	2PCS
50	Moving flywheel	2PCS
51	Washer	1PC
52	Chain cover trim strip	1PC
53	Sensor	1PC
54	Brake trim cover	1PC
55	Hex nut	1PC
56	Nylon bushing	1PC
57	Brake bar	1PC
58	Brake limit bushing	1PC
59	Square nut	1PC
60	Self-tapping screw	9PCS
61	Hex nut	2PCS
62	Cap	1PC
63	Cable	1PC
64	Flange nut	2PCS
65	Flywheel	1PC
66	Hex nut	3PCS
67	Flywheel axle	1PC
68	Bearing 6201	2PCS
69	Nylon cap	2PCS
70	Adjustor	2PCS
71	Cross screw	2PCS
72	Magnetic steel frame	1PC
73	Magnetic steel frame seat	1PC
74	Flywheel axle bushing	1PC
75	Carriage bolt	2PCS
76	Magnet	5PCS
77	Brake limit	1PC
78	Spring	1PC
79	Console holder	1PC
80	Cross screw	1PC
81	Drill tail screw	2PCS
82	Self-tapping screw	3PCS
83	Console holder	1PC
84	Self-tapping screw	1PC

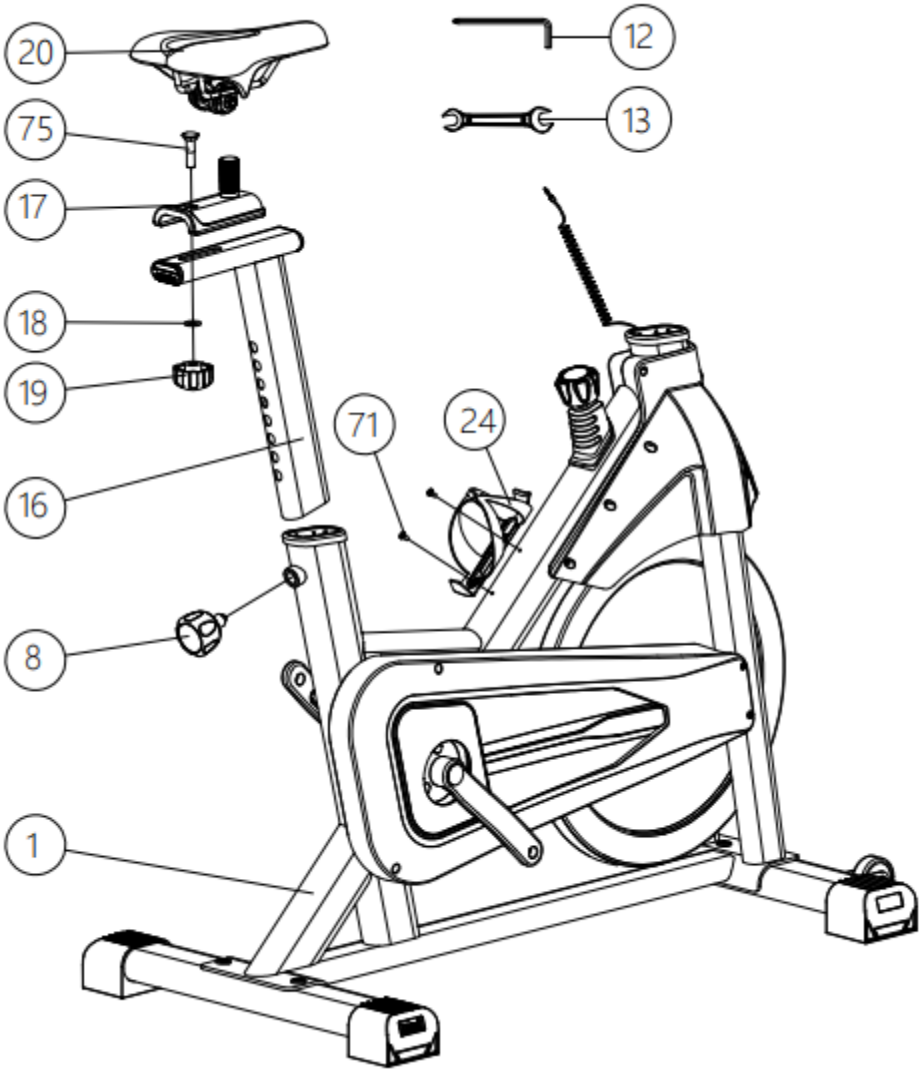
ASSEMBLY INSTRUCTION



STEP 1

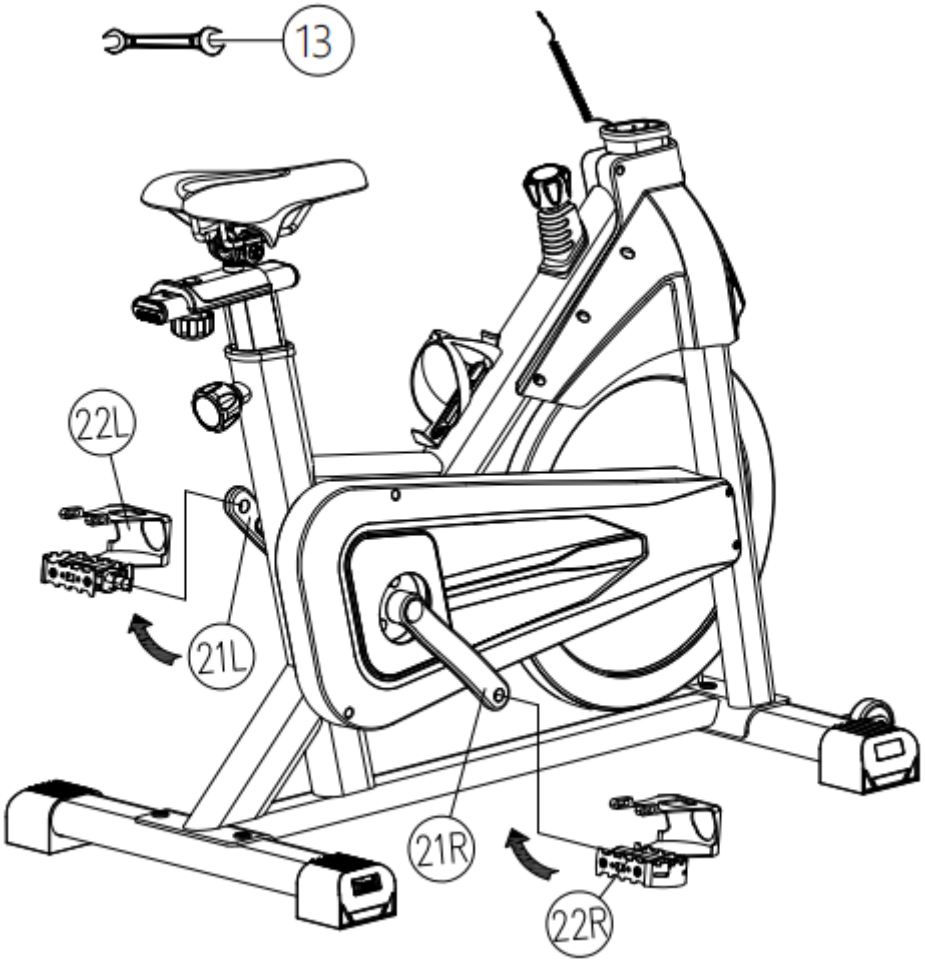
Attach the rear tube (2) to the main frame(1) using step screw(4).Attach the front tube (3) to the main frame same as the rear tube.Finally lock screw tightly by Hex wrench(12).

Note:Adjusting the foot cover adjustment wheel can adjust the balance of the bike.



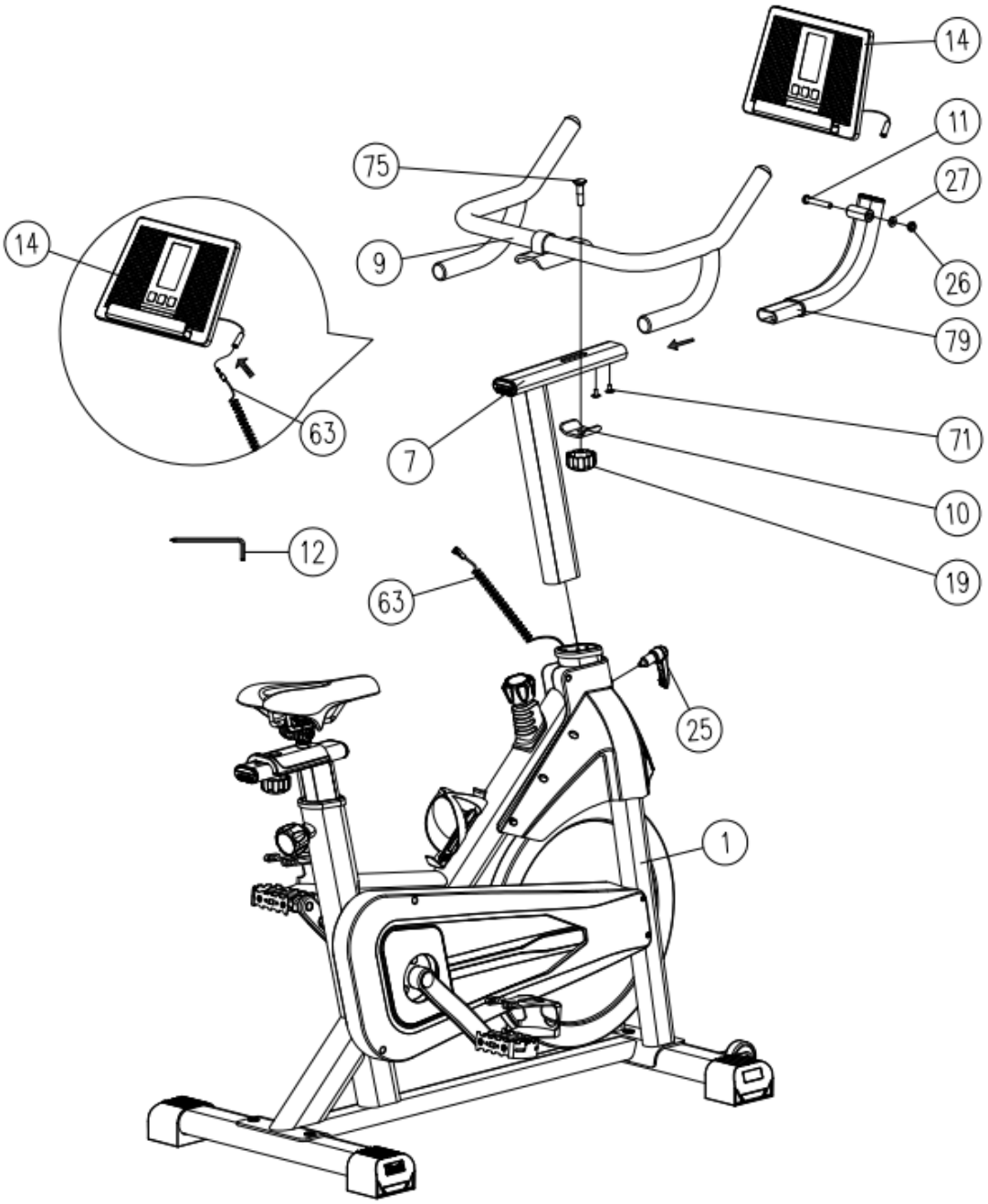
STEP 2

First, insert the seat tube (16) into the main frame (1), and fix it with the knob (8); then use the small knob (19) ,the flat washer (18)and carriage screw(75) to install the slider(17) on the seat tube, adjust to the proper position and lock the small knob tightly,finally,lock the seat(20) on the slider by open wrench(13).
Fixed the bottle holder(24) using screw(71).
Note: Loosen the small knob to adjust the front and rear distance of the seat cushion.



STEP 3

The pedals (22L and 22R) are marked “L” and “R”-left and right.
Connect them to their appropriate cranks(21L and 21R). The right crank set is on the right hand side of the cycle as you sit on it.
Note that the Right pedal should be threaded on clockwise and the left pedal on anti-clockwise.



STEP 4

First, insert the handlebar post (7) into the main frame (1), and fix it with L knob (25); then use the carriage bolt (75),washer (10) and small konb(19) to install the handlebar(9) to the handlebar post.
Use the hex wrench and the cross screw (71) to lock the console holder(79) to the handlebar and put console(14) into holder by hex screw(11),flat washer(27)and lock nut(26); then, insert the sensor cable (63) into the console as shown in the figure.

Now your spinning bike is finished for use.

EXERCISE COMPUTER INSTRUCTION MANUAL

SPECIF1CATIONS:
TIME.....00:00-99:59Minutes
SPEED.....0.0-99.9 ML/H
DISTANCE.....0.00-999.9ML
ODOMETER*(IF HAVE).....0-9999ML
PULSE*(IF HAVE).....40-240BPM
CALORIES.....0.0-9999KCAL
KEY FUNCTIONS:
1.MODE: This key lets you to select and lock on to a particular function you want.
2. RESET (if have) : This key will clear all data.
3.SET (if have): Set the number of goals and start counting down after exercise.
OPERATTON PROCEDURES:
1.AUTO ON/OFF

◆The system turns on when any key is pressed or when it receives an signal input from the speed sensor

◆The system turns off automatically when the sensor has no signal input or no key are pressed for Approximately 4 minutes.
2.RESET:
The unit can be reset by either changing battery or pressing the RESET key.
3.MODE:
To choose SCAN or LOCK if you do not want the scan mode, press the MODE key when the pointer on the function you want which begins blinking
4、FUNCTIONS:
TIME Press the MODE key until the pointer advance to TIME The total working time will be shown
SPEED Press the MODE key until the pointer advance to SPEED. The total working time will be shown
DISTANCE Press the MODE key until the pointer advances to DISTANCE.The distance or each workout will be displayed
ODOMETER *(IF HAVE) Press the MODE key until the pointer advances to 0DOMETER The total accumulated distance will be shown

PULSE *(IF HAVE) Press the MODE key until the pointer advance to PULSE User's current heart rate will be displayed in beats per minute.Place the palms of your hands on both of the Contact pads(or put ear-clip to ear)and wait For 30 seconds for the most accurate reading
CALORIES Press the MODE key until the pointer advance to

CALORIES.The calories burned will be displayed

SCAN **Automatic display of the following functions in the order shown:TIME-SPEED-DISTANCE-PULSE(If have)-CALORIES(repeat)**

BATTERY **This monitor uses one or two (if have PULSE function) Batteries.if improper display on monitor,please re-install the batteries to have a good result.**

APP

This console can connect APP Zwift and kinomap the smart device by Bluetooth.

Importato da:

Garlando

GARLANDO SPA
Via Regione Piemonte, 32 - Zona Industriale D1
15068 - Pozzolo Formigaro (AL) - Italy
www.toorx.it - info@toorx.it